

Lesson 20:

Foods

Foods [vyakula]

A). Foods

Chakula / vyakula	[food / foods]
mboga / mboga	[vegetable / vegetables]
dengu / dengu	[mung bean / lentils]
jibini / jibini	[cheese / cheeses]
kabeji / kabeji; kabichi	[cabbage / cabbages]
kiazi / viazi	[potato / potatoes]
maharagwe / mandondo	[bean / beans]
maharagwe / mandondo	
mahindi	[maize / corn]
mahindi ya kuchoma	[roasted maize / corn]
mbaazi / mbaazi	[pea / peas]
mchele	[uncooked rice]
wali	[cooked rice]
mchicha / michicha	[spinach / spinaches]
mchuzi / michuzi	[soup / soups]
muhogo / mihogo	[cassava / cassavas]
nyama / nyama	[meat / meats]
nyama ya kondoo	[mutton]
nyama ya kuku	[chicken meat]
nyama ya mbuzi	[goat meat]
nyama ya ng'ombe	[beef]
nyama ya nguruwe	[pork]
nyama ya kuchoma	[roasted/grilled meat]
kuku	[chicken]
samaki	[fish]
pilipili	[pepper]
pilipili hoho	[chili pepper]
pilipili manga	[black pepper]

pilipili saumu	[pepper garlic]
pilipili kichaa	[hot pepper]
siagi	[butter]
sukuma wiki	[collard greens]
unga	[flour]
unga wa mahindi	[corn flour]
unga wa ngano	[wheat flour]
yai / mayai	[egg / eggs]
vitafunio; karanga	[snacks]
mkate / mikate	[bread / breads]
mandazi / mandazi	[bun / buns]
sandwichi	[sandwich]
kimanda	[toast]
chapati / chapati	[Indian flat bread]
ugali / sima	[stiff cornmeal porridge]
njugu / njugu	[groundnut / peanuts]
karoti / karoti	[carrot / carrots]
choroko	[green peas]
njegere	[pigeon peas]
bamia	[okra]
kisamvu	[cassava leaves]
figo/figo	[kidney / kidneys]
maini / maini	[liver / livers]
matumbo / matumbo	[intestine / intestines / tripe]
mbatata	[Irish potatoes]
biringani / biringanya mabiringani	[eggplant / eggplants]
saladi	[salad]
brokoli	[broccoli]
pasta	[pasta]
pizza	[pizza]
pipi	[candy]
chokoleti	[chocolate]
isikirimu	[ice cream]
keki	[cake]
mgando	[yoghurt]
mchanganyiko	[mixture]
supu	[soup]
uyoga	[mushroom]
uji	[porridge]

muhogo / mihogo	[cassava / cassavas]
viazi vikuu	[sweet potatoes]
kaimati / kaimati	[fritter / fritters]
pilau / pilau	[pilaf / pilafs]
sambusa / sambusa	[samosa / samosas]
kande / pure	[dish of mixed corn and beans]
ndizi / matoke	[banana / plantain /
ndizi / matoke	bananas / plantains]
kibanzi / vibanzi /	[french fries]
chipsi	
borohoa / kihembe	[thick broth of cooked beans]
borohoa / vihembe	

B). Spices [Viungo]

kiungo / viungo	[spice / spices]
Bizari	[curry powder]
Kitunguu	[onion]
kitunguu saumu /	[garlic / garlics]
vitunguu saumu	
nyanya	[tomatoes]
mafuta	[oil]
chumvi	[salt]
sukari	[sugar]
pilipili	[pepper]
iliki	[cardamom]
mdalasini	[cinnamon]
tangawizi	[ginger]
magadi	[baking soda / bicarbonate of soda]
lavani	[vanilla]
giligilani	[coriander seed]
mgiligilani /dhania	[cilantro]
karafuu / karafuu	[clove / cloves]

Zingatia [Note]

na	[and]
pia	[also; too]
lakini	[but]

Question Formation

Mifano:

1. Wewe unapenda kula chakula gani?

[What food do you like to eat?]

- a). Mimi ninapenda kula _____. [I like to eat _____.]
b). Mimi sipendi _____. [I do not like _____.]

2. Wewe unapenda chakula gani?

[What food do you like?]

- a). Mimi ninapenda _____. [I like _____.]
b). Mimi sipendi _____. [I do not like _____.]

3. Wewe unapenda kununua chakula gani?

[What food do you like to buy?]

- a). Mimi ninapenda kununua _____. [I like to buy _____.]
b). Mimi sipendi _____. [I do not like _____.]

4. Wewe unapenda kupika chakula gani?

[What food do you like to cook?]

- a). Mimi ninapenda kupika _____. [I like to cook _____.]
b). Mimi sipendi kupika _____. [I do not like to cook _____.]

5. Wewe hupendi chakula gani?

[What food don't you like?]